



Sandwiches

Served with Rt. 11 chips & pickle

- California Club** \$7.95
Smoked turkey, crisp bacon, provolone, lettuce, tomato, avocado & sun-dried tomato spread on grilled ciabatta bread.
- Ben's Veggie Delight** \$7.50
Cucumbers, lettuce, purple onion & roasted red peppers on herb-focaccia bread with havarti cheese, avocado spread & chipotle aioli. Add smoked turkey for \$1.00
- Grilled Beef Gorgonzola**..... \$7.95
Roast beef, swiss cheese, lettuce, tomato, purple onion & gorgonzola sauce grilled on thick sour dough bread
- Wendy's Favorite**..... \$7.95
Grilled ciabatta bread with black beans, Vermont sharp cheddar cheese, avocado & chipotle mayo spread.
- Grilled Ham & Cheese** \$7.95
Black forest ham & sharp cheddar cheese with mayo & mustard grilled on thick sour dough.
- Italian** \$7.95
Capicola, salami, pepperoni & provolone with lettuce, tomato, purple onion, mayo, mustard & Italian dressing on grilled ciabatta bread.
- Reuben Panini** \$7.95
Layers of corned beef, sauerkraut & swiss cheese with 1,000 island dressing grilled on marbled rye bread.
- Crissy's BLT** \$7.95
Thick cut bacon, leaf lettuce & tomato with mayo on toasted wheat bread.



Signature Salads

- Cristina's Baby Greens** \$6.95
Mixed baby greens topped with raisins, dried mango, mandarin oranges, candied pecans, feta & our homemade cilantro dressing.
- Hail Caesar** \$6.25
Crisp romaine with homemade croutons & Caesar dressing topped with parmesan-romano cheese.
- Raspberries & Greens**..... \$6.75
Mixed baby greens topped with tamari-roasted walnuts, goat cheese & raspberry vinaigrette.
- Garden Salad** \$6.95
Romaine topped with cucumber, carrot, tomato, purple onion, croutons & cheese with your choice of dressing.
- Add Grilled Chicken to any salad**..... \$3.00

Soup & Salad Combos

Our soups are always homemade with the best available ingredients. Call for today's soup!

- Cup of Soup** \$3.95
Bowl of Soup \$4.95
Cup of Soup & Small Salad \$7.75
Bowl of Soup & Small Salad \$8.75
Cup of Soup & 1/2 Sandwich \$7.25
Bowl of Soup & 1/2 Sandwich \$7.95
Small salad & 1/2 Sandwich \$7.95
1/2 Sandwich, cup of soup, small salad \$9.95



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Breakfast Platters

We use only local, free-range eggs!

- Signal Knob Loop** \$7.
Two eggs, breakfast potatoes, toast & bacon or sausage.
- King Street Starter** \$6.50
Two eggs, toast & choice of bacon or sausage.
- Hangover Cure** \$8.95
Two eggs, breakfast potatoes & buttermilk biscuit topped with home-made sausage gravy.
- Healthy Chick** \$5.95
1 egg, English muffin & a side of fresh fruit.
- Mountain Man** \$10.95
3 eggs, sausage, bacon, potatoes, fruit & toast.
- Blue Ridge Platter** \$8.95
Two buttermilk pancakes, 2 eggs & bacon.
- Mexican Mama** \$7.95
2 eggs scrambled with tomatoes, onions & ham, wrapped in a flour tortilla with cheese & chipotle sauce (OR, make it vegetarian). Served with breakfast potatoes.

Breakfast Sandwiches

Served with breakfast potatoes.

Add .50¢ for fresh fruit.

- Choose English muffin, biscuit, bagel, croissant or toast.
- Meat, Egg & Cheese** \$4.95
Served with bacon, ham, turkey or sausage
- Egg & Cheese** \$4.50
- Just Plain Egg** \$4.25



On the Lighter Side

- Seasonal Fruit Plate** \$4.95
Variety of fresh fruits freshly cut - never from a can!
- Fruit Parfait** \$5.95
Fresh fruit topped with fat free vanilla yogurt & homemade granola.
- Organic Oatmeal w/ Banana** \$4.25

Pancakes & Such

- Short Stack Buttermilk Pancakes** \$4.95
- French Toast** \$4.95

Side Items

- 1 Local Egg** \$1.25
- Breakfast Potatoes** \$2.75
- 2 pieces bacon** \$1.95
- Blue Ridge Meats Sausage Patty** \$2.50
- Side Fresh Fruit** \$2.95
- Toast, English Muffin or Biscuit** \$1.25
- Bagel w/ cream cheese** \$1.75
- Croissant** \$1.75
- French Fries** \$2.25



Coffee & Espresso

Our coffee is fair trade & locally roasted. WE take our beans **very seriously** and strive to provide the best cup of joe around!



Join us for Dinner & Live Music!

On Friday, Saturday & Sunday evenings we host local talent with live musical performances & serve dinner! Our menu changes weekly depending on what's freshest & seasonal.

Ask about our **HOMEMADE** Desserts & Daily **SPECIALS!**